

## 2022 Instructional Fall League with Justin Bianco

## 4 Week Program

2 Days per Week August 29th-Oct 6th

**Cost ~ \$149** 

## The and week

## **SCHEDULE**

**9&10:** Mon & Wed (22 kids) **5:30 pm -7 pm** 

August 31

Sept. 7, 12, 14, 19, 21

OFF WEEK

October 3 & 5

**11&12:** Tues & Thurs (22 kids)

5:30 pm -7 pm

Sept. 6, 8, 13, 15, 20, 22

OFF WEEK

October 4 & 6

The instructional league will consist of 2 different age groupings (9 & 10s and 11 & 12s). They will play 8 games that run twice a week for 4 total weeks. Before each game they will hit with me and throw for 30 minutes to get ready for a 1 hour game. We will always start indoors for the hitting and throwing warm-up and all games will be played outside. If it rains we will play indoors so we will not have to cancel. Spots limited to 22 per age group to make 2 teams. I will umpire and coach throughout every game. I will also make the teams each game and it will be more of a sandlot style, so they might not be the same teams every game. The goal is for each player to learn and improve in all aspects of the real game. I want them to learn more about the game, especially the things that they won't learn in practice. Some examples are: being a better base-runner, knowing what to do in different situations (offensively and defensively), learning how to hit better in the game (improving hitting approach), & learning how to handle failure (and success!). Playing time will be divided as evenly as possible. This is a great opportunity for extra reps, especially for pitchers who would like to improve! I encourage players who sign up to
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Child's Name:			Age:
Second Child:			Age:
Parents Name:			
Phone (cell):		Home: _	
Email Address:			
child(ren) @ \$	each =		Total amount enclosed \$

Checks can be made payable to Bianco School of Baseball

